SENIOR SPARKS

Mansfield Senior Center Newsletter

~ Special Edition January 2021 ~



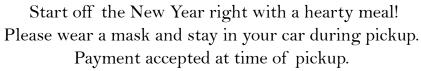
Drive Thru New Years Celebration

~Friday, January 8th at 11:30am~ Snow date: Wednesday, January 13th

~Menu~

Meatloaf, Mashed Potatoes, Peas & Pearl Onions, and Chocolate Peppermint Cake for Dessert!

\$5 per person



Check made out to "Town of Mansfield" or exact change only.

Registration is required by 1/4 and spaces are limited. Please call Jordan at 860-487-9877 to sign up.



Drive Thru Café Spotlight

~Friday, January 22nd at 11:30am~ Snow date: Tuesday, January 26th

~Menu~

Split Pea Soup, Roll, and Cowgirl Cookies for Dessert! \$5 per person

We know you miss the Maple Road Café, so come enjoy these café favorites to warm you up! Please wear a mask and stay in your car during pickup.

Payment accepted at time of pickup.

Check made out to "Town of Mansfield" or exact change only.

Registration is required by 1/15 and spaces are limited. Please call Jordan at 860-487-9877 to sign up.

Mansfield Senior Center 303 Maple Road, Mansfield, CT 06268 Tel: 860-429-0262 Website: www.mansfieldct.gov/seniors



Tel: 860-429-0262 Fax: 860-429-3905

www.mansfieldct.gov/seniors

Hours:

Monday through Friday 8:30am to 4:30pm

Senior Center Supervisor:

Sarah Taylor 860-487-9874 Taylors@mansfieldct.org

Program Coordinator:

Mary Flood 860-487-9872 Floodmh@mansfieldct.org

Program Assistant:

Jordan Dabkowski 860-487-9877 Dabkowskij@mansfieldct.org

Outreach Coordinator:

Yamilmarie Figueroa 860-487-9875 FigueroaY@mansfieldct.org

Site Server:

Sharon Caron 860-487-9876 Carons@mansfieldct.org

Free Wifi Access

We have extended our Wifi out to our front parking lot for public use! Choose "MnsfldGuest," no password needed, to access free Wifi from your vehicle! We're excited to start the New Year off with some good news: please help me in welcoming Yamilmarie Figueroa as our new Outreach & Transportation Coordinator! Yamil will begin with us on January 4th, and will be provide outreach and support to Seniors in our community, as well as coordinating our Transportation Program. Yamil is currently enrolled in a Masters in Social Work program, and comes to us with some years of experience in community support and education. We're thrilled to have her on board and look forward to introducing her via Zoom in the near future!

With the assistance of our HR Department, we have done some additional restructuring on our team in order to make Yamil's position full-time and provide much needed consistency to that role. We will no longer have a part-time 19 hour/wk Senior Center Assistant (Skye's former position), but Jordan's role will change from Program & Transportation Assistant to full-time Program Assistant. Jordan will be training Yamil in our Transportation Program procedures throughout the month of January and helping Yamil transition to taking it over beginning in February. We now have 4 full-time Senior Center team members and 1 part-time 25 hour/wk staff person (Sharon); we're excited about these changes, and we believe they'll help us provide the great programming and services that we do more effectively and efficiently.

Our building continues to remain closed, however we are working daily and we are here for you! Join us for our 2 drivethrough pick-up Luncheons this month! Pick up a craft kit to do at home, sign-in for a Virtual Movie night, join our series on Classical Music, or check out our new Book Club! We're still providing meal delivery, wellness calls and transportation as well, so just give us a call if you need any assistance at all.

As we begin this new year with open hearts, we'd also like take a moment to remember those who we've lost and those who have gone before us. We'll host an Evening of Remembrance on January 27th with luminaries lit in memory of our community members. Please see page 4 for information on how to participate and join us however you can for this special event. With remembrance, love and gratitude, we look forward to a new year filled with friendship, health and happiness! Happy New Year to you all!

Online Programs

New Technology at the Senior Center

With much thanks to our IT Director Jaime Russell and Fire Marshal Adam Libros, we now have 3 IPads in addition to our PC and Chromebooks! All of these devices are available for use at the Senior Center for you to access online resources. Try a virtual program, catch up on your email, connect with family or friends or simply surf the web for a bit! One hour individual appointments are available. Registration and masks are required, as well as a self-certification that you have not experienced any COVID symptoms nor had contact with anyone who's experienced COVID symptoms. And, if you need a tech tutorial, just let us know! Our tech volunteer Bob Valk is ready to help by phone or email. Appointments are 10am, 12pm & 2pm every Monday and Wednesday. For more information or to schedule your appointment, please call Program Assistant Jordan Dabkowski at 860-487-9877.



Tech Help Available



- 1) Our tech guru, Bob Valk is offering one on one technology help via phone or email to folks who are in need of support. Please call Mary Flood at 860-487-9872 to make an appointment.
 - 2) Technology Support is also available at the Mansfield Public Library, with transportation available through WRTD.

 For more information, call

 Mansfield Library: 860-423-2501

 WRTD: 860- 456-2223
 - 3) Senior Planet also provides free tech support for Seniors via a tollfree hotline, available Mondays-Fridays from 9am-5pm Call 1-920-666-1959

For more information on their other services and classes, visit www.seniorplanet.org

Join us for our online programming using your smart phone, tablet, or computer! Call Mary Flood at 860-487-9872 for information on how to get started!

Monday

Sing-Along Group—1:00pm

Zoom Meeting ID: 893 1592 2993 Password: 4wjSeP

Genealogy Social Hour— 2:00pm

Monday, January 4th Zoom Meeting ID: 924 7912 9071 Password: 6U7SXf

Tuesday

Trivia—3:00pm

Meeting ID: 838 4457 1268 Passcode: 6U7SXf

Wednesday

Social Hour—1:00pm

Zoom Meeting ID: 844 8033 3179 Password: 3iYuap

Thursday

Yoga with Angie—10:00am

Zoom Meeting ID: 853 6786 5877 Password: 547590

Friday

Bingo—1:00pm

Zoom Meeting ID: 884 6725 2846 Password: 6U7SXf

Evening of Remembrance Wednesday, January 27th at 3:00pm

As we enter the new year, we'd like to take some time to honor the loved ones we have lost. Join us as we light luminarias in remembrance of community members gone before us. Luminaria requests can be made to Mary Flood at 860-487-9872 or floodmh@mansfieldct.org by 1/20. Masks must be worn and social distancing guidelines must be followed if attending the event in person. Please sign up by 1/22.

Virtual Book Club with Jessica Begins Tuesday, January 5th at 1:00pm

Enjoy lively book discussions with peers while remaining in the safety and comfort of our homes! The first book that has been selected is Finding Dorothy, by
Elizabeth Letts. Book club participants will be asked to read prior to the Zoom meetings, in preparation for rich discussions. Our first meeting will be held on Tuesday, January 5th to get the group acquainted and decide a reading schedule. Please call Jessica Duers at 860-487-9871 to sign up and make arrangements to get the book.

Zoom Meeting ID: 968 0565 2302 Passcode: GV5He1

Virtual Movie Night ~Monday, January 11th at 4:00pm~

Settle in via Zoom to watch Fly Away Home, starring Anna Paquin and Jeff Daniels. We'll have a social hour after the movie. Please call Jordan at 860-487-9877 to sign up by 1/6.

Music and Monarchs: Classical Music from Elizabeth I to Elizabeth II

Thursdays at 1:00pm

From Medieval to Modern times, composers have shared a harmonious and tumultuous relationship with the monarchs whom they have served. Great compositions often bear a direct relationship with the King and Queen seated on the throne. We will explore the life and works of great composers and movies that present the life and times of famous, and infamous, Kings and Queens.

Zoom Meeting ID: 868 2639 3161 Password: p8bttb

Virtual Health Program: Monitor My Health

Join Johanna Eicher for this program designed to prevent the development of chronic disease. It has a 96% satisfaction rate. 76% of participants have reversed prediabetes and 75% have reached their goal weight. If you are interested please call Program Coordinator Mary Flood at 860-487-9872. Visit their website for more information: www.monitormyhealth.org

January Craft

Let's look to spring and make an egg carton wreath to brighten our January days. Three easy steps will yield a colorful, lightweight, springtime wreath for indoors or out. Pick up your craft kit on or after January 11. Please contact Mary at floodmh@mansfieldct.org or 860-487-9872 to sign up.

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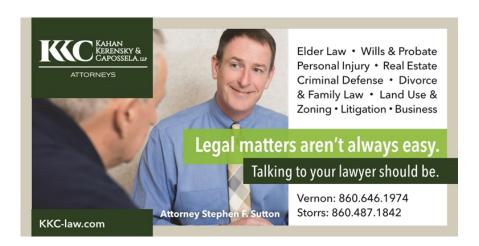
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FOUR LINES FOR \$100.00. BUSINESS CARD SIZE FOR \$300.00.

For more information, please contact the Human Services office at 860-429-3315.

Mansfield Senior Center 303 Maple Road Mansfield, Connecticut 06268

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Eastern Highlands Health District

www.ehhd.org

Center for Disease Control

www.cdc.gov

Medicare

www.medicare.gov

211 CT Infoline

www.211ct.org

Senior Resources Agency on Aging

seniorresourcesec.org

WRTD Dial-A-Ride Transportation

www.wrtd.org or 860-456-1462

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